

Issue 10 of 2023



# RHENISH NEWS

Excellence ● Compassion ● Accountability ● Integrity ● Diversity ● Respect

Photos: Mr Piron and members of Rhenish Media Services



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A word from our Acting Principals

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Much anticipated Jerseys Delivered

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Presented by GLU in support of Bless a Baby Project

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**Rhenish Stars**

# Welcome Back

**T**erm 2 arrived faster than it felt was reasonable, but the brief respite gave many of us a chance to recharge our

batteries as we prepared for the new challenges that the new term - an exam term - will undoubtedly bring.

It also heralds a transition period for Rhenish Girls' High School as we - Dr Kroon and Ms Sarga - step into our roles as Acting Principals and take on the many responsibilities so calmly shouldered by Ms Slabber in the past.

We are very excited about the future and we are committed to our guardianship of our beautiful school and her learners until the new principal is appointed and assumes the position, hopefully, in the new year.

We intend to uphold the tradition of an 'open door policy' and encourage parents and learners alike to reach out to either of us if there is something you would like to

discuss or something you would like to draw to our attention. Together with the Senior Management Team, we are excited about what the next nine months will hold for Rhenishers.

The start of the term has been busy with last weekend's Collegiate Derby and we are so very grateful to all the families who opened their homes to the opposing teams. Our teams did exceptionally well - read more further in this newsletter - and everyone represented their school with pride.

Our core business remains academic excellence. The meetings with parents regarding 1st Term results were a chance to reflect and to plan, and we now look ahead to the mid-year exams as we begin our preparation for these in earnest.

We wish you all a wonderful second term - on the sports field, on the cultural front and in the classroom.

To all our Muslim families celebrating Eid this weekend, may you be blessed with great joy, happiness and prosperity.



Dr Kroon



Ms Sarga



# CLASS OF '23

## Jerseys

### FRUSTRATION - DISAPPOINTMENT .... EXALTATION

#### *Frustration*

Try getting 10 committee members to agree on a design AND then get the Class of '23 to love your idea ... daunting is how we experienced this.

But, through the process we learned the importance of working as a team, that there is a place for meaningful compromise and that you really can't please everyone all the time!

#### *Disappointment*

The jerseys had arrived mid-1st Term. However, design flaws meant that we took the very difficult decision to send them back. And then, the waiting ... so difficult to explain to the group that the jerseys had STILL not arrived and we felt that we were going to be the last school in South Africa to get them!

#### *Exaltation*

Friday 15 April was the day that the Matric Jerseys were finally delivered. The Matric Committee was very anxious about the day, about unveiling the final product and about how it would be received by the Matrics.

Our anxiety quickly turned into pure joy and a sense of satisfaction at a job well done. Our class were overjoyed at the final result. They raced to put them on and selfies were definitely the order of the day.

Thank you to everyone for your patience. To Mrs Kruger and Mrs Hodges for your guidance.

Enjoy wearing them, Matrics!







# Lip Sync Battle 29 March 2023



## Gallery



[DOWNLOAD](#)



# Bless a Baby

## LIP SYNC COMPETITION

Jana Gouws

The first term of 2023 was a very exciting term for the Rhenish GLU Committee. We hosted a "Lip Sync Battle" during the last week of term.

The night was a huge success, with over 200 students from all the Stellenbosch schools attending the event! All the money collected through the ticket sales went towards a non-profit organisation which Rhenish is currently supporting - Bless A Baby. This project supports mothers with newborns who are unable to provide them with crucial items that they need to survive.

The battle was emceed by Syntyche Plaaitjies and Shannon Johnson who did an incredible job and kept us all on the edge of our seats with their comments and skits. Each group that performed had a unique and brilliantly worked out performance, and the audience enjoyed singing along with them. Along with the numerous performances by our Rhenish students we had a surprise performance by Ms Bisset and Mr Kriel who performed a Grammy-worthy duet. This was definitely one of the highlights of the evening.

While each group really put themselves out there and did an amazing job, the Lip Sync Battle had to have a winner. "The Other Direction", not to be confused with the former band, "One Direction", was the winner of the R1,200 cash prize. Well done to The Other Direction! Their fans were singing along to the lyrics and the judges appreciated their fantastic co-ordination and outfits.

We would like to give a big shoutout to our three judges who took the time to support this event and to give their expert opinion on the performances. Another big thank you to all the girls involved in planning this event as well as to Mrs Pretorius and Mrs Kleingeld - without their help, this event would not have been such a huge success.

We hope to host another Lip Sync Battle in the future. Thank you Rhenish for all the support for the cause that is so dear to us.

We are still taking donations until the end of April for the Bless A Baby organisation and would appreciate the support tremendously.



Emcee Vibes



Grammy Potential



Judge much?

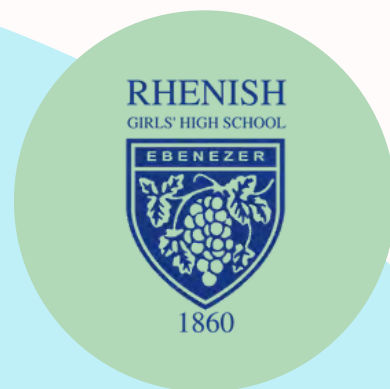


# RHENISH KNITS BLESS A BABY

Help us to knit squares for baby blankets in support of the Bless a Baby Project

## How it works:

- all grades to knit as many squares as possible (Competition being run until end of term)
- Captains to collect and tally squares throughout this time.
- Squares to be knitted in pastel wool colours, available from Mrs Nel @ R25/ball.
- Needles to be 4 mm.
- Cast on 30 stitches and squares to measure 15cm x 15 cm.
- If blankets can be sewn together, bear in mind it's for a baby so 5 squares by 4.
- If pastel colours not available use whatever you have at home.



**Volunteer to Put Squares into Blankets** **0728561487** **Glenys** 



# St Mary's Tournament

## 1st Hockey

St. Mary's was a whole new experience for everyone on the team.

We started the tournament off by being reunited with friends for 2 hours in a hall due to lightning warnings.

On day 1 we faced perhaps our biggest challenge - we went up against the best girls' hockey team in the country - Oranje Meisieskool - in our first match of the tournament. We were thrilled to walk off the field with a goalless draw.

From this point on it was a battle going against the best and strongest schools. Not only were we battling it out on the field, but we also let our dance moves come out on the dance machine.

By day 3 we had a new addition to the team, our mascot Tiaan, who went through it all with us. This was truly an amazing experience that brought the team closer than ever.

We entered the tournament as a team and left as a family. Thank you to our coaches -

Mr Gerber and coach Ross - who never gave up on us and stuck it out with us. A special thanks to Mrs Voges who ensured that we were safe, fed and on time for our games.

**Kaitlyn van Binsbergen**





# Strand 2nd Team Tournament



## Marise Kriel

During the first weekend of the April holidays the Rhenish 2nd Hockey team kickstarted their season with the Strand High 2nd Team Tournament.

It was the first time that many of us had played together as a team, but we played as if we had played together for years. The team spirits stayed high for the duration of the tournament, which also contributed to our success in it. We managed to walk away with six wins, two draws and zero losses.

This was a fun and well-organised tournament and a great opportunity for 2nd team players to experience the fun of a tournament. We hope to face some of the teams again later during the season and further hope to improve our scores. It was a great learning experience and our whole team is excited for the rest of the season.







# U15A BLOEMHOF TOURNAMENT

31 March 2023

*Grace de Jager*

The U15 As played in the Bloemhof tournament on the final day of last term. We played against 3 schools: Durbanville, Paarl Girls' and Worcester Gym. At the end of our 3 matches we played against the 4th placed team and then another final game for 5th place.

There was a lot of nerves and adrenaline that kicked in and shooters sometimes got in their own heads, but the team started feeling more comfortable after the first half. We started this match off really well, but our lack of fitness was evident when, as we tired, we started making silly mistakes.

Our team has made quite a lot of improvement already and the more we play together, the more cohesive we are becoming. We still have a lot to do and lots of practice is needed but we enjoyed the tournament immensely.

There are little things that need some work - passes, footwork and, of course, shooting. Our communication was really good - we have all started to use our voices more. As a unit we can work on dropping our shoulders when things start getting tough on court and trying to lift our heads and push harder to the end, but overall it went well.



14 April 2023

# COLLEGIATE DERBY

## THANK YOU

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Thank you to all the Rhenish families for the generous way in which you hosted our guests from Queberga - Collegiate Girls' High School. You selflessly answered our call to host and the feedback from the Collegians has been overwhelmingly positive.

A special thank you to Heidi Gouws for the hard work she put in to organising the function for the staff and coaches on the Friday evening and for the treats for the teams on Saturday. Thank you to Petra Devereux for the generous donation of the flowers - and the arrangement of these - for our Friday evening function. All of our guests were delighted and impressed with the function.

To Christa and her team @Kwikspar@PaulRoos - thank you for the platters, and, finally, thank you to the Hostel catering staff for all the assistance with the preparations for the event.

RHENISH  
GIRLS' HIGH SCHOOL



1860

-VS-





# WELCOME

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# CULTURE

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## *COLLEGIATE GIRLS'*

**ANJA NEL**

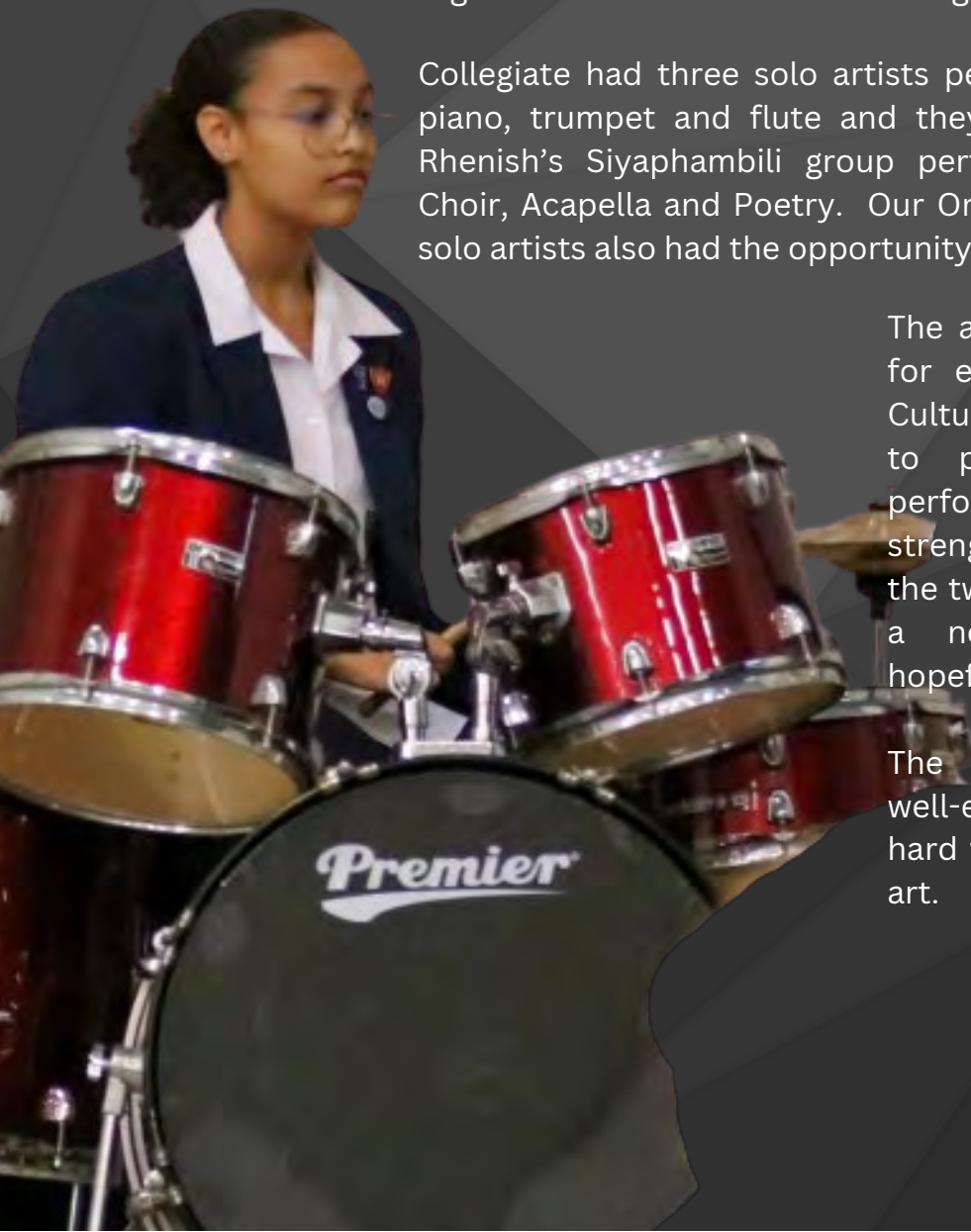
For the first time since the start of the Corona Epidemic in 2020, the Collegiate/Rhenish Derby took place and we proudly hosted. To kick off the Derby in style, the Cultural portfolio organised a show as part of the welcoming function on the evening of 14 April 2023.

An excited group of Rhenishers and Collegiate learners came together for the first Rhenish-Collegiate Cultural Show.

Collegiate had three solo artists performing. They played the piano, trumpet and flute and they all performed beautifully. Rhenish's Siyaphambili group performed, including Hip-Hop, Choir, Acapella and Poetry. Our Orchestra, Marimba and a few solo artists also had the opportunity to wow the audience.

The aim of the show was mainly for enjoyment and to give our Cultural learners an opportunity to perform. This spectacular performance definitely helped strengthen the bonds between the two girls' schools, and started a new tradition which will hopefully continue in future.

The performers received many well-earned compliments for their hard work and dedication to their art.







# TENNIS

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The Collegiate Derby was a very positive one for our tennis team, with all the doubles and singles matches winning 6-0 6-0!

We have a really strong and cohesive team this year, and it was great to be able to play this match at home, supporting each other all the way.

I'm looking forward to seeing more tennis like this on our two upcoming tours to Bloemfontein!

**GRACE PETTY**

# CROSS COUNTRY

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For the first time in Rhenish Collegiate Derby history, Rhenish hosted a fun cross country race. Early Saturday morning, while it was still chilly and fresh, eight Rhenish girls ran against 8 Collegiate girls. We started off the 3km route at the Rose Garden, headed out the main gate over to Piet Retief street, then into Coetzenburg. We ran through the farms then out back onto the road, past Paul Roos and then back to the rose garden.

The Rhenish girls had a phenomenal race where we took the top 8 positions. Breathless but smiling we were delighted with our achievements. It was great to get a sweet taste of the upcoming cross country season and to be part of the first Rhenish Collegiate Derby cross country race.



**OLIVIA PENFOLD**

# CHESS TOURNEY

On Saturday 15 April a four member Rhenish chess team competed against Collegiate Girls' High School. The overall results were a spectacular 3-1 to Rhenish.

Mariam Janelidze won her match in style; she remained completely calm and quietly confident throughout.

Amy-Leigh Gibson played a very exciting game, however, she lost on time and the match was won by the head of the Collegiate chess team. The last 5 minutes had everyone on the edge of their seats as Amy began to play in a blitz-like fashion.

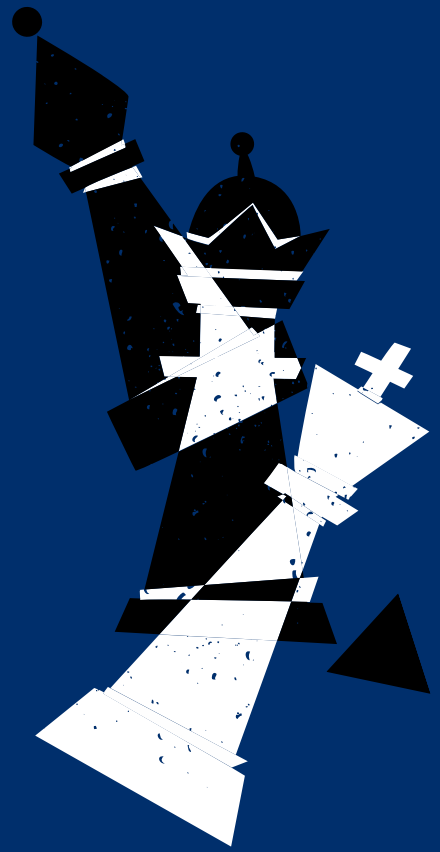
Tumisang Dafeti won her game in a crushing style by taking almost all of her opponent's pieces before a final checkmate.

Athina Brooks won her match due to an absent opponent and therefore a forfeit on Collegiate's behalf.

It was a very successful outing. There was a spirit of good sportsmanship and friendship between both schools.

The chess club would like to welcome any Rhenishers who are curious about chess to join our practices on Mondays 14:30-15:30. No matter what level, all are invited to learn and make new friends.

*Ms Gemma Hall*





2023

April 14/15

# NETBALL COLLEGIATE

## 1ST TEAM

The derby against our rivals from the Eastern Cape, Collegiate Girls' High School, was highly anticipated and highly successful. This was the first derby between our schools since 2019, which meant that only the matrics in the team had any memory and experience of what it was like to play at this derby. This was also the first official game of the season, so as a first team we were eager to prove to ourselves and the school that the right team was chosen.

I know that amongst the team there were quite a few nerves since the game was being televised and we wanted to make our school proud. We knew we had a job to get done.

We played with heart and made sure to focus on implementing the instructions Coach Corné was giving us during the quarter breaks. There were definitely moments of magic and also some mistakes that occurred throughout the 40 minute match, but thankfully we were able to get the win over Collegiate.

We were so grateful that we had so many supporters come through to support us on a Saturday morning with such eagerness and true Rhenish spirit. The constant cheering and encouragement from our sisters on the sidelines was amazing.

Starting the season off with a win is extremely exciting and bodes for good things to come in the rest of the season. We are excited to continue growing and improving throughout the season and I believe that together as a team, we can continue to get the job done.

MLIBO MSOLO





## U16A

What a wonderful experience for the u16 teams to play our first Collegiate Derby of high school. The atmosphere was so amazing and all teams worked very hard for these matches and it showed in the results. We all showed our support for the other netball teams and for all the sports being played in the derby. Everyone enjoyed this event and can't wait for next year's derby.

MELISSA SENEKAL



## U15A

The U15A played against Collegiate on 14 April and won 24-8. I think from the captain's view, we can both agree that this was one of our best matches - we communicated and didn't allow anyone on the team's shoulders to drop which has been the main problem for us as a team. We still made a few silly mistakes but these are things that can be worked on. I can't wait to see the improvement throughout the season.

GRACE DE JAGER



## U14A

Playing in our first Collegiate Derby for Rhenish was a great experience. It was such a thrill to show the school from PE just what Rhenish is made of. We played our best and came out with a victory. Using the skills we learned during practices paid off during the match. Although there are small mistakes we need to work on, overall it was such a great honour to play with such an amazing team and coach. I cannot wait to make more memories with my team and to play in this derby again next year.

KARLI VAN BLERK

# RESULTS

1ST TEAM - WON 31 - 20

2ND TEAM - LOST 8 - 13

U17A - WON -21 - 6

U16A - WON 26 - 21

U16B - WON 18 - 4

U16C - LOST 5 - 12

U15A - WON 24 - 8

U15B - WON 23 - 16

U15C - WON 12 - 10

U14A WON 12 - 10

U14B WON 19 - 8

U14 C WON 5 - 1



Photos do not necessarily relate to that particular team



2023

April 14/15

# HOCKEY COLLEGIATE



## 1ST TEAM

Rhenish 1st team snatched a victory against Collegiate in the blazing hot sun on Saturday morning. It was great fun, as a matric, to participate in the Collegiate Derby for the first time since Grade 8.

It was very satisfying to see all our hard work paying off. The game was tight and exciting with a final score of 3-2. We got tired towards the end of the match, but the amazing support from the Rhenish girls really helped us to remain motivated and power through the heat and fierce competition. Beating strong competition such as Collegiate makes us look forward to the upcoming All Girls' tournament next weekend.

ANNA PETIKA

## RESULTS

1ST TEAM WON 3 - 2  
2ND TEAM WON 4 - 0  
3RD TEAM WON 3 - 0

U16A DREW 1 - 1  
U16B WON 3 - 0  
U16C DREW 1 - 1

U14A WON 4 - 0  
U14B WON 2 - 1  
U14C WON 4 - 0



# Rhenish STARS

## TENNIS

### HAILEY TROUP

- semi-finalist - Nationals & Growthpoint finalist in the doubles

### ALICIA TAYLOR

- selected for SA u15 Team
- finalist at Nationals
- 9th at Free State Growthpoint

### ASHLEY TAYLOR

- semi-finalist - Free State Growthpoint
- doubles finalist - Free State Growthpoint
- 10th at Nationals

### JENNA THERON

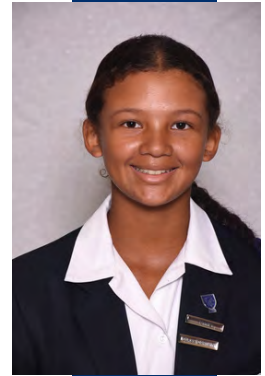
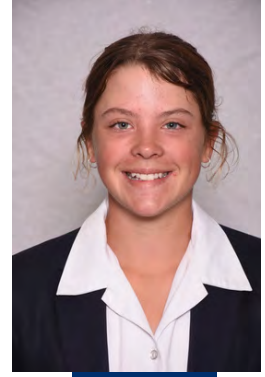
- 10th - Free State Growthpoint
- doubles finalist - Free State Growthpoint
- 12th at Nationals

### LISA-MARIE DU TOIT

- 5th - Free State Growthpoint

### KATRIEN BOOYSEN

- 25th at Nationals



## SWIMMING

### MAYA LAUBSCHER

SA Regional Champs - Women 16 Years Old

- 1st in 200m breaststroke
- 2nd in 4000m free, 100m breaststroke and 200m individual medley
- 3rd in 50m breaststroke
- 1st - 4 x 50m individual medley relay
- 3rd - 4 x 100m freestyle relay



# NETBALL

## PLAYERS WHO HAVE MADE IT TO THE 2ND ROUND OF TRIALS - CENTRAL WINELANDS

### U14

Anni Moller

### U15

Grace Op't Hof  
Issataya Bredell  
Mbasu Majija

### U16

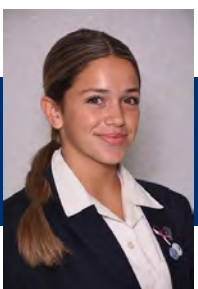
Jeanne Jordaan  
Anouk Fourie  
Taliya Gouws

### U17

Mia Cole  
Qeara Davidse  
Nalani Nalumango

### U18

Jenna Senekal  
Sarah Krone  
Mlibo Msolo  
Syntyche Plaatjies

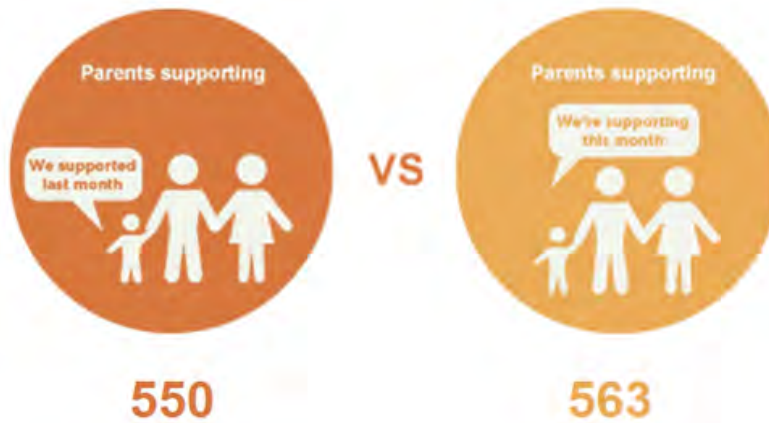
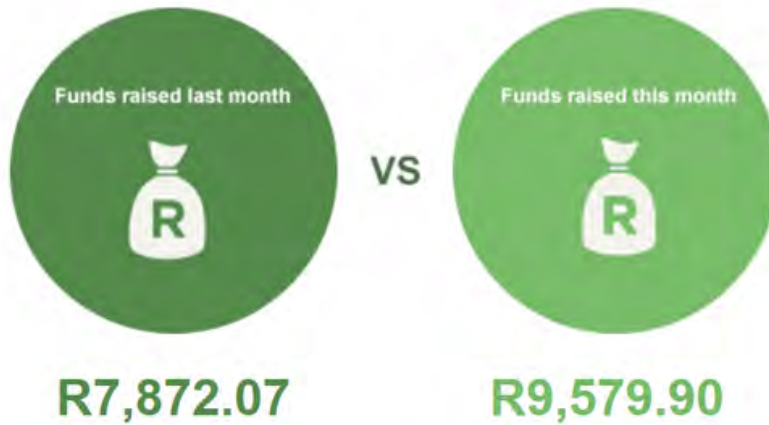






# thank you

To all Rhenish supporters for continuing to swipe your "My School" Card, effortlessly raising funds for Rhenish Girls' High.



**Sharon Hershaw**  
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